

PLANTS FOR THE BUTTERFLIES of Orange County, California

Host Plant & Nectar Plant Lists Compiled By Environmental Nature Center

PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
Acmon Blue / Icaricia Acmon	Plebejus acmon
Deerweed	Acmispon glaber
**Milk Vetch	**Astragalus
Dwarf White Milk Vetch / Two Seeded Milk Vetch	Astragalus didymocarpus
Marsh Milk Vetch / Loco Weed	Astragalus pycnostachyus
Santa Barbara Milk Vetch	Astragalus trichopodus
**Buckwheat	**Eriogonum
California Buckwheat / Eastern Mojave Buckwheat	Eriogonum fasciculatum
Saint Catherine's Lace	Eriogonum giganteum
Naked Buckwheat / Nude Buckwheat	Eriogonum nudum
Seacliff Buckwheat / Dune Eriogonum	Eriogonum parviflorum
Bird's-Foot Trefoil / Bacon-and-Eggs / Deervetch	**Lotus
*Otay Mountain Lotus / *Otay Mountain Hosackia	*Lotus crassifolius var. otayensis / *Hosackia crassifolia var. otayensis
Spanish Clover / Spanish Lotus / American Bird's Foot Trefoil	Lotus purshianus var. purshianus / Acmispon americanus var. americanus
Coastal Bird's Foot Trefoil / Coastal Lotus	Lotus salsuginosus / Acmispon maritimus
Deerweed	**Lotus scoparius / Acmispon glaber
Bishop's Lotus / Hairy Lotus / Strigose Lotus / Strigose Bird's Foot Trefoil	Lotus strigosus / Acmispon strigosus
Calf Lotus / Chilean Lotus / Chilean Trefoil / Chilean Bird's Foot Trefoil	Lotus wrangelianus / Acmispon wrangelianus
**Lupine	**Lupinus
Annual Lupine / Bicolored Lupine / Miniature Lupine	Lupinus bicolor
*Brewer's Lupine	*Lupinus breweri
Lupine / Western Lupine / **Summer Lupine	**Lupinus formosus
Stinging Lupine / Stinging Annual Lupine	Lupinus hirsutissimus
Big Leaf Lupine / Broad Leaf Lupine / Parish's Lupine	**Lupinus latifolius
Long Leaf Bush Lupine	Lupinus longifolius
Arroyo Lupine / Hollowleaf Annual Lupine / Succulent Lupine	Lupinus succulentus
Collared Annual Lupine / Blunt Leaved Lupine / Truncate Leaf Lupine	Lupinus truncatus

Ann Cipeles Brunning

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American Lady

Vanessa virginiensis

Yarrow	<i>Achillea millefolium</i>
Pearly Everlasting	<i>Anaphalis margaritacea</i>
**Sagebrush	** <i>Artemisia</i> spp.
California Sagebrush / Coast Sagebrush	<i>Artemisia californica</i>
California Mugwort / Douglas's Sagewort	<i>Artemisia douglasiana</i>
Wild Tarragon / Tarragon / Pinon Wormwood / Herbaceous Sagewort	<i>Artemisia dracunculus</i>
**Cudweed / **Everlasting	** <i>Gnaphalium</i> spp.

Anise Swallowtail

Papilio zelicaon

Mock Parsley / Wild Parsley / Wild Celery	<i>Apiastrum angustifolium</i>
Hoary Bowlesia	<i>Bowlesia incana</i>
Salt Marsh Water Hemlock / Spotted Water Hemlock	<i>Cicuta maculata</i> var. <i>bolanderi</i>
Bush Rue	<i>Cneoridium dumosum</i>
Rattlesnake Weed / American Wild Carrot	<i>Daucus pusillus</i>
Marsh Pennywort	<i>Hydrocotyle umbellata</i>
**Woollyfruit Desertparsely / Hog Fennel / Lace Parsnip / **Woolly Fruited Lomatium	** <i>Lomatium dasycarpum</i>
Common Lomatium / Bladder Parsnip / Hog Fennel	<i>Lomatium utriculatum</i>
Sharp Toothed Sanicle / Sharptooth Snakeroot / Sharptooth Blacksnakeroot	<i>Sanicula arguta</i>

Avalon Hairstreak / Avalon Scrub Hairstreak

Strymon avalona

Deerweed	<i>Acmispon glaber</i>
**Buckwheat	** <i>Eriogonum</i> spp.
California Buckwheat / Eastern Mojave Buckwheat	<i>Eriogonum fasciculatum</i>
Silver Bird's Foot Trefoil / Silverlotus / Channel Islands Silver Lotus	<i>Lotus argophyllus</i> var. <i>ornithopus</i> / <i>Acmispon argophyllus</i> var. <i>argenteus</i>
*Otay Mountain Lotus / *Otay Mountain Hosackia	* <i>Lotus crassifolius</i> var. <i>otayensis</i> / * <i>Hosackia crassifolia</i> var. <i>otayensis</i>
Deerweed	** <i>Lotus scoparius</i> / <i>Acmispon glaber</i>

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Behr's Metalmark

Apodemia virgulti

California Buckwheat / Eastern Mojave Buckwheat	Eriogonum fasciculatum
Saint Catherine's Lace	Eriogonum giganteum
Naked Buckwheat / Nude Buckwheat	Eriogonum nudum
Seacliff Buckwheat / Dune Eriogonum	Eriogonum parviflorum

Bernardino Blue / Bernardino Dotted Blue

Euphilotes bernardino

**Buckwheat	**Eriogonum
California Buckwheat / Eastern Mojave Buckwheat	Eriogonum fasciculatum
Saint Catherine's Lace	Eriogonum giganteum
Naked Buckwheat / Nude Buckwheat	Eriogonum nudum
Seacliff Buckwheat / Dune Eriogonum	Eriogonum parviflorum

Boisduval's Blue

Plebejus icarioides

California Buckwheat / Eastern Mojave Buckwheat	Eriogonum fasciculatum
**Lupine	**Lupinus
Annual Lupine / Bicolored Lupine / Miniature Lupine	Lupinus bicolor
*Brewer's Lupine	*Lupinus breweri
Hall's Bush Lupine	Lupinus excubitus var. hallii
Lupine / Western Lupine / **Summer Lupine	**Lupinus formosus
Big Leaf Lupine / Broad Leaf Lupine / Parish's Lupine	**Lupinus latifolius
Stinging Lupine / Stinging Annual Lupine	Lupinus hirsutissimus
Long Leaf Bush Lupine	Lupinus longifolius
Arroyo Lupine / Hollowleaf Annual Lupine / Succulent Lupine	Lupinus succulentus
Collared Annual Lupine / Blunt Leaved Lupine / Truncate Leaf Lupine	Lupinus truncatus

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Bramble Hairstreak / Lotus Hairstreak

Callophrys perplexa

Deerweed	Acmispon glaber
**Buckwheat	**Eriogonum spp.
California Buckwheat / Eastern Mojave Buckwheat	Eriogonum fasciculatum
*Otay Mountain Lotus / *Otay Mountain Hosackia	*Lotus crassifolius var. otayensis / *Hosackia crassifolia var. otayensis
Deerweed	**Lotus scoparius / Acmispon glaber

Brown Elfin

Callophrys augustinus

Pacific Madrono / Madrono	Arbutus menziesii
**Dodder	**Cuscuta spp.
California Buckwheat / Eastern Mojave Buckwheat	Eriogonum fasciculatum

***Cabbage White / *Cabbage**

***Pieris rapae**

**Mustard	**Brassica
**Caper	**Capparidaceae
**Bladderpod	**Cleome
**Mustard	**Cruciferae
Watercress / Gambel's Yellowcress	**Nasturtium
*Mustard	*Sisymbrium

California Dogface

Zerene eurydice

False Indigo	Amorpha californica
Desert Indigo Bush / Western False Indigo	Amorpha fruticosa

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California Hairstreak

Satyrium californica

**Ceanothus / **Buck Brush / Jim Brush / Deer Brush / **White Horn	**Ceanothus
Hoaryleaf Ceanothus / Hoary Leaved Ceanothus	Ceanothus crassifolius
Big Pod Ceanothus	Ceanothus megacarpus
Greenbark Ceanothus / Redheart	Ceanothus spinosus
Woollyleaf Ceanothus	Ceanothus tomentosus
**Mountain Mahogany	**Cercocarpus
Hollyleaf Cherry / Catalina Cherry / Island Cherry	**Prunus
Hollyleaf Cherry / Catalina Cherry / Island Cherry	Prunus ilicifolia
**Oak	**Quercus
California Live Oak / Coast Live Oak	Quercus agrifolia
Nuttall's Scrub Oak / Coastal Sage Scrub Oak	Quercus dumosa
**Willow	**Salix
Arroyo Willow	Salix lasiolepis

California Ringlet / Common Ringlet

Coenonympha californica

**Various Grasses	
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California Sister

Adelpha californica

California Live Oak / Coast Live Oak	Quercus agrifolia
Canyon Live Oak / Gold Cup Oak / Maul Oak	Quercus chrysolepis

California Tortoiseshell

Nymphalis californica

**Ceanothus / **Buck Brush / Jim Brush / Deer Brush / **White Horn	**Ceanothus
Buck Brush / Wedgeleaf Ceanothus	Ceanothus cuneatus
Bigpod Ceanothus	Ceanothus megacarpus

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Callippe Fritillary

Speyeria callippe

California Golden Violet / Johnny Jump Up / Yellow Pansy	Viola pedunculata
Mountain Violet / **Goosefoot Violet	**Viola purpurea

Ceraunus Blue

Hemiargus ceraunus

**Mesquite	**Prosopis spp.
*Senna	*Senna

Checkered White / Southern Cabbage

Pontia protodice

Tower Mustard / Smooth Rock Cress / Tower Mustard Rock Cress / Tower Rockcress	Arabis glabra / Turritis glabra
Slender Pod Jewel Flower / San Diego Wild Cabbage	Caulanthus heterophyllus
Western Tansy Mustard / Yellow Tansy Mustard	Descurainia pinnata
California Mustard / Shaggy Thelypod	Guillenia lasiophylla / Caulanthus lasiophyllus
**Bladder Pod	**Isomeris arborea
Common Pepperweed / Common Pepper Grass	Lepidium densiflorum
Virginia Pepperweed / Wild Pepper Grass / Robinson's Pepper Grass / Robinson's Pepperweed	**Lepidium virginicum

Cloudless Sulphur / Cloudless Giant Sulphur

Phoebis sennae

*Desert Senna / *Spicy Senna	*Senna armata
*Coves's Cassia	*Senna covesii
*Cassia Tomentosa / *Glandular Senna	*Senna multiglandulosa

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Common Branded Skipper

Hesperia comma

**Various Sedges	**Carex
**Various Grasses	

Common Buckeye / Buckeye

Junonia coenia

**Snapdragon	**Antirrhinum spp.
Nuttall's Snapdragon	Antirrhinum nuttallianum
Nuttall's Snapdragon	Antirrhinum nuttallianum ssp. nuttallianum
Nuttall's Snapdragon	Antirrhinum nuttallianum ssp. subsessile
Toad Flax	Linaria canadensis / Nuttallanthus canadensis / Nuttallanthus texanus
**Monkeyflower	**Mimulus spp.
Scarlet Monkeyflower / Cardinal Monkeyflower	Mimulus cardinalis / Erythranthe cardinalis
Seep Monkeyflower	Mimulus guttatus / Erythranthe guttata
California Plantain / Foothill Plantain / Dot-Seed Plantain / English Plantain / Dwarf Plantain	Plantago erecta
*Narrowleaf Plantain / *English Plantain / *Ribgrass / *Ribwort	*Plantago lanceolata
Pacific Seaside Plantain / Alkali Plantain / Goose Tongue / Maritime Plantain	Plantago maritima

Coronis Fritillary

Speyeria coronis

California Golden Violet / Johnny Jump Up / Yellow Pansy	Viola pedunculata
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Dainty Sulphur / Dwarf Yellow

Nathalis iole

Sneezeweed / Rosilla	Helenium puberulum
California Goldfields	**Lasthenia californica
Goldfields	Lasthenia glabrata
Coastal Tidy Tips	Layia platyglossa

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Dun Skipper / Sedge Witch / Dun Sedge Skipper

Euphyes vestris

Chufa Flatsedge / Nut Grass / Yellow Nut Grass

Cyperus esculentus

Echo Blue

Celastrina argiolus echo

**Ceanothus / **Buck Brush / Jim Brush / Deer Brush / **White Horn

**Ceanothus

Buck Brush / Wedgeleaf Ceanothus

Ceanothus cuneatus

Bigpod Ceanothus

Ceanothus megacarpus

Eufala Skipper / Rice Leafroller

Lerodea eufala

**Various Grasses

Fatal Metalmark / Dusky Metalmark

Calephelis nemesis

Douglas's Baccharis / Salt Marsh Baccharis

Baccharis douglasii / Baccharis glutinosa

California Brittlebush / Bush Sunflower / California Encelia

Encelia californica

Fiery Skipper

Hylephila phyleus

*Bermuda Grass

*Cynodon dactylon

*Crabgrass

*Digitaria

*Saint Augustine Grass

*Stenotaphrum secundatum

**Various Grasses

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Funereal Duskywing

Erynnis funeralis

Deerweed	Acmispon glaber
Bird's-Foot Trefoil / Bacon-and-Eggs / Deervetch	**Lotus
*Otay Mountain Lotus / *Otay Mountain Hosackia	*Lotus crassifolius var. otayensis / *Hosackia crassifolia var. otayensis
Deerweed	**Lotus scoparius / Acmispon glaber
**Vetch	**Vicia

Gabb's Checkerspot

Chlosyne gabbii

Common Sandaster	Corethrogyne filaginifolia
**Sawtooth Goldenbush / Gum Plant Goldenbush	**Hazardia squarrosa
Telegraph Weed	Heterotheca grandiflora
Common Sandaster	Lessingia filaginifolia

Golden Hairstreak

Habrodais grunus

Tanoak	Lithocarpus densiflorus / Notholithocarpus densiflorus
California Live Oak / Coast Live Oak	Quercus agrifolia
Canyon Live Oak / Gold Cup Oak / Maul Oak	Quercus chrysolepis
Nuttall's Scrub Oak / Coastal Sage Scrub Oak	Quercus dumosa
*Huckleberry Oak	*Quercus vaccinifolia

Gold-hunter's Hairstreak

Satyrrium auretorum

**Oak	**Quercus spp.
California Live Oak / Coast Live Oak	Quercus agrifolia
Nuttall's Scrub Oak / Coastal Sage Scrub Oak	Quercus dumosa

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COMMON NAME	SCIENTIFIC NAME
Gorgon Copper / Stream Water-Crowfoot	Lycaena gorgon
**Buckwheat	**Eriogonum spp.
Longstem Buckwheat	Eriogonum elongatum
California Buckwheat / Eastern Mojave Buckwheat	Eriogonum fasciculatum
Saint Catherine's Lace	Eriogonum giganteum
Naked Buckwheat / Nude Buckwheat	Eriogonum nudum
Seacliff Buckwheat / Dune Eriogonum	Eriogonum parviflorum

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COMMON NAME	SCIENTIFIC NAME
Gray Hairstreak / Common Hairstreak	Strymon melinus
False Indigo	Amorpha californica
Desert Indigo Bush / Western False Indigo	Amorpha fruticosa
Dwarf White Milk Vetch / Two Seeded Milk Vetch	Astragalus didymocarpus
Marsh Milk Vetch / Loco Weed	Astragalus pycnostachyus
Santa Barbara Milk Vetch	Astragalus trichopodus
**Buckwheat	**Eriogonum spp.
California Buckwheat / Eastern Mojave Buckwheat	Eriogonum fasciculatum
California Leather Root / California Hemp	Hoita macrostachya
Creeping Leather Root / Round Leaved Psoralea / Roundleaf Leather Root	Hoita orbicularis
Spanish Clover / Spanish Lotus / American Bird's Foot Trefoil	Lotus purshianus var. purshianus / Acmispon americanus var. americanus
Coastal Bird's Foot Trefoil / Coastal Lotus	Lotus salsuginosus / Acmispon maritimus
Deerweed	**Lotus scoparius / Acmispon glaber
Bishop's Lotus / Hairy Lotus / Strigose Lotus / Strigose Bird's Foot Trefoil	Lotus strigosus / Acmispon strigosus
Calf Lotus / Chilean Lotus / Chilean Trefoil / Chilean Bird's Foot Trefoil	Lotus wrangelianus / Acmispon wrangelianus
Annual Lupine / Bicolored Lupine / Miniature Lupine	Lupinus bicolor
*Brewer's Lupine	*Lupinus breweri
Lupine / Western Lupine / **Summer Lupine	**Lupinus formosus
Stinging Lupine / Stinging Annual Lupine	Lupinus hirsutissimus
Big Leaf Lupine / Broad Leaf Lupine / Parish's Lupine	**Lupinus latifolius
Long Leaf Bush Lupine	Lupinus longifolius
Arroyo Lupine / Hollowleaf Annual Lupine / Succulent Lupine	Lupinus succulentus
Collared Annual Lupine / Blunt Leaved Lupine / Truncate Leaf Lupine	Lupinus truncatus
Chaparral mallow	Malacothamnus fasciculatus
Alkili Mallow	Malvella leprosa
Checker Mallow / Checker Bloom / Dwarf Checkerbloom / Wild Hollyhock	Sidalcea malvaeflora
**Clover	**Trifolium
Tree Clover / Foothill Clover	Trifolium ciliolatum
Dwarf Sack Clover	Trifolium depauperatum var. truncatum
*Valparaiso Clover	*Trifolium microdon

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Great Basin Wood Nymph

Cercyonis sthenele

Unknown Grasses	
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Great Copper

Lycaena xanthoides

**Dock Weed	**Rumex
California Dock	Rumex californicus
Golden Dock	Rumex fueginus / Rumex maritimus
Wild Rhubarb	Rumex hymenosepalus
Golden Dock	Rumex persicarioides
Willow Leaved Dock	Rumex salicifolius
Toothed Willow Dock	Rumex utahensis

Great Purple Hairstreak

Atlides halesus

**Mistletoe	**Phoradendron
Pacific Mistletoe / Mistletoe	Phoradendron serotinum ssp. tomentosum / Phoradendron leucapurn ssp. tomentosum

Gulf Fritillary / Passion

Agraulis vanillae

*Passion Vine	*Passiflora spp.
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Hammock Skipper

Polygonus leo

False Indigo	<i>Amorpha californica</i>
California False Indigo	<i>Amorpha californica</i> var. <i>californica</i>
Desert Indigo Bush / Western False Indigo	<i>Amorpha fruticosa</i>
American Licorice / Licorice / Wild Licorice	<i>Glycyrrhiza lepidota</i>

Harford's Sulphur

Colias alexandra harfordii

Dwarf White Milk Vetch / Two Seeded Milk Vetch	<i>Astragalus didymocarpus</i>
*Douglas's Milkvech	* <i>Astragalus douglasii</i>
Marsh Milk Vetch / Loco Weed	<i>Astragalus pycnostachyus</i>
Santa Barbara Milk Vetch	<i>Astragalus trichopodus</i>

Hedgerow Hairstreak

Satyrrium saepium

** <i>Ceanothus</i> / **Buck Brush / Jim Brush / Deer Brush / **White Horn	** <i>Ceanothus</i>
Hoaryleaf <i>Ceanothus</i> / Hoary Leaved <i>Ceanothus</i>	<i>Ceanothus crassifolius</i>
Buck Brush / Wedgeleaf <i>Ceanothus</i>	<i>Ceanothus cuneatus</i>
Big Pod <i>Ceanothus</i>	<i>Ceanothus megacarpus</i>
Greenbark <i>Ceanothus</i> / Redheart	<i>Ceanothus spinosus</i>
Woollyleaf <i>Ceanothus</i>	<i>Ceanothus tomentosus</i>

Juba Skipper / Jagged-Border Skipper

Hesperia juba

**Various Grasses	
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COMMON NAME	SCIENTIFIC NAME
Large Orange Sulphur	Phoebis agarithe
**Legumes	**Inga species of the Fabaceae family
**Blackbeads / **Legumes	**Pithecellobium species of the Fabaceae family
Leanira Checkerspot	Chlosyne leanira
**Indian Paintbrush	**Castilleja spp.
Indian Paintbrush	Castilleja affinis
Coast Indian Paintbrush	Castilleja affinis spp. affinis
Owl's Clover / Purple Owl's Clover	Castilleja exserta
Exserted Indian Paintbrush / Pale Purple Owlclover / Purple Owl's Clover	Castilleja exserta spp. exserta
Lesser Indian Paintbrush / Little Paintbrush	Castilleja minor
Lesser Indian Paintbrush / Lesser Paintbrush	Castilleja minor spp. spiralis
Lorquin's Admiral	Limenitis lorquini
Hollyleaf Cherry / Catalina Cherry / Island Cherry	Prunus ilicifolia
**Willow	**Salix spp.
Arroyo Willow	Salix lasiolepis

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Marine Blue / Striped Blue	Leptotes marina
False Indigo	Amorpha californica
**Milk Vetch	**Astragalus
Dwarf White Milk Vetch / Two Seeded Milk Vetch	Astragalus didymocarpus
Marsh Milk Vetch / Loco Weed	Astragalus pycnostachyus
Santa Barbara Milk Vetch	Astragalus trichopodus
Bird's-Foot Trefoil / Bacon-and-Eggs / Deervetch	**Lotus
Spanish Clover / Spanish Lotus / American Bird's Foot Trefoil	Lotus purshianus var. purshianus / Acmispon americanus var. americanus
Coastal Bird's Foot Trefoil / Coastal Lotus	Lotus salsuginosus / Acmispon maritimus
Deerweed	**Lotus scoparius / Acmispon glaber
Bishop's Lotus / Hairy Lotus / Strigose Lotus / Strigose Bird's Foot Trefoil	Lotus strigosus / Acmispon strigosus
Calf Lotus / Chilean Lotus / Chilean Trefoil / Chilean Bird's Foot Trefoil	Lotus wrangelianus / Acmispon wrangelianus
**Mesquite	**Prosopis spp.

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-------------	-----------------

Melissa Blue	Lycaeides melissa
**Milk Vetch	**Astragalus
Dwarf White Milk Vetch / Two Seeded Milk Vetch	Astragalus didymocarpus
Marsh Milk Vetch / Loco Weed	Astragalus pycnostachyus
Santa Barbara Milk Vetch	Astragalus trichopodus
**Licorice	**Glycyrrhiza
Bird's-Foot Trefoil / Bacon-and-Eggs / Deervetch	**Lotus
Spanish Clover / Spanish Lotus / American Bird's Foot Trefoil	Lotus purshianus var. purshianus / Acmispon americanus var. americanus
Coastal Bird's Foot Trefoil / Coastal Lotus	Lotus salsuginosus / Acmispon maritimus
Deerweed	**Lotus scoparius / Acmispon glaber
Bishop's Lotus / Hairy Lotus / Strigose Lotus / Strigose Bird's Foot Trefoil	Lotus strigosus / Acmispon strigosus
Calf Lotus / Chilean Lotus / Chilean Trefoil / Chilean Bird's Foot Trefoil	Lotus wrangelianus / Acmispon wrangelianus
**Lupine	**Lupinus
Annual Lupine / Bicolored Lupine / Miniature Lupine	Lupinus bicolor
*Brewer's Lupine	*Lupinus breweri
Lupine / Western Lupine / **Summer Lupine	**Lupinus formosus
Stinging Lupine / Stinging Annual Lupine	Lupinus hirsutissimus
Big Leaf Lupine / Broad Leaf Lupine / Parish's Lupine	**Lupinus latifolius
Long Leaf Bush Lupine	Lupinus longifolius
Arroyo Lupine / Hollowleaf Annual Lupine / Succulent Lupine	Lupinus succulentus
Collared Annual Lupine / Blunt Leaved Lupine / Truncate Leaf Lupine	Lupinus truncatus

Monarch	Danaus plexippus
**Milkweed	**Asclepias
California Milkweed	Asclepias californica
Indian Milkweed / Kotolo Milkweed / Woolypod Milkweed	Asclepias eriocarpa
Whorled Milkweed / Narrow Leaf Milkweed	Asclepias fascicularis

Ann Cipeles Brunning

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**PLANTS FOR THE BUTTERFLIES
of Orange County, California**

Host Plant & Nectar Plant Lists Compiled By Environmental Nature Center

PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
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Mountain Mahogany Hairstreak

Satyrium tetra

**Mountain Mahogany	**Cercocarpus
Birchleaf Mountain Mahogany	Cercocarpus betuloides

Mournful Duskywing

Erynnis tristis

California Live Oak / Coast Live Oak	Quercus agrifolia
Valley Oak / California White Oak	Quercus lobata

Mourning Cloak / Camberwell Beauty

Nymphalis antiopa

**Willow	**Salix spp.
Arroyo Willow	Salix lasiolepis

Mylitta Crescent / Mylitta Crescentspot

Phyciodes mylitta

Indian Thistle / Clustered Thistle	Cirsium brevistylum
Cobweb Thistle / Western Thistle	Cirsium occidentale
California Thistle / Cobwebby Thistle / Bigelow Thistle	Cirsium occidentale var. californicum
Cobwebby Thistle / Cobweb Thistle	Cirsium occidentale var. occidentale

Northern White Skipper

Heliopetes ericetorum

Chaparral mallow	Malacothamnus fasciculatus
Alkili Mallow	Malvella leprosa
Checker Mallow / Checker Bloom / Dwarf Checkerbloom / Wild Hollyhock	Sidalcea malvaeflora
Apricot Mallow / Desert Globemallow / Desert Mallow / Desert Hollyhock	**Sphaeralcea ambigua

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PLANTS FOR THE BUTTERFLIES of Orange County, California

Host Plant & Nectar Plant Lists Compiled By Environmental Nature Center

PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
Orange Sulphur / Alfalfa	Colias eurytheme
Deerweed	Acmispon glaber
Desert Indigo Bush / Western False Indigo	Amorpha fruticosa
Dwarf White Milk Vetch / Two Seeded Milk Vetch	Astragalus didymocarpus
Marsh Milk Vetch / Loco Weed	Astragalus pycnostachyus
Santa Barbara Milk Vetch	Astragalus trichopodus
*Otay Mountain Lotus / *Otay Mountain Hosackia	*Lotus crassifolius var. otayensis / *Hosackia crassifolia var. otayensis
Spanish Clover / Spanish Lotus / American Bird's Foot Trefoil	Lotus purshianus var. purshianus / Acmispon americanus var. americanus
Coastal Bird's Foot Trefoil / Coastal Lotus	Lotus salsuginosus / Acmispon maritimus
Deerweed	**Lotus scoparius / Acmispon glaber
Bishop's Lotus / Hairy Lotus / Strigose Lotus / Strigose Bird's Foot Trefoil	Lotus strigosus / Acmispon strigosus
Calf Lotus / Chilean Lotus / Chilean Trefoil / Chilean Bird's Foot Trefoil	Lotus wrangelianus / Acmispon wrangelianus
Annual Lupine / Bicolored Lupine / Miniature Lupine	Lupinus bicolor
*Brewer's Lupine	*Lupinus breweri
Lupine / Western Lupine / **Summer Lupine	**Lupinus formosus
Stinging Lupine / Stinging Annual Lupine	Lupinus hirsutissimus
Big Leaf Lupine / Broad Leaf Lupine / Parish's Lupine	**Lupinus latifolius
Long Leaf Bush Lupine	Lupinus longifolius
Arroyo Lupine / Hollowleaf Annual Lupine / Succulent Lupine	Lupinus succulentus
Collared Annual Lupine / Blunt Leaved Lupine / Truncate Leaf Lupine	Lupinus truncatus

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Host Plant & Nectar Plant Lists Compiled By Environmental Nature Center

PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
Painted Lady	Vanessa cardui
Fiddleneck	Amsinckia spp.
**Thistle	**Cirsium spp.
Indian Thistle / Clustered Thistle	Cirsium brevistylum
Cobweb Thistle / Western Thistle	Cirsium occidentale
California Thistle / Cobwebby Thistle / Bigelow Thistle	Cirsium occidentale var. californicum
Cobwebby Thistle / Cobweb Thistle	Cirsium occidentale var. occidentale
Annual Lupine / Bicolored Lupine / Miniature Lupine	Lupinus bicolor
*Brewer's Lupine	*Lupinus breweri
Lupine / Western Lupine / **Summer Lupine	**Lupinus formosus
Stinging Lupine / Stinging Annual Lupine	Lupinus hirsutissimus
Big Leaf Lupine / Broad Leaf Lupine / Parish's Lupine	**Lupinus latifolius
Long Leaf Bush Lupine	Lupinus longifolius
Arroyo Lupine / Hollowleaf Annual Lupine / Succulent Lupine	Lupinus succulentus
Collared Annual Lupine / Blunt Leaved Lupine / Truncate Leaf Lupine	Lupinus truncatus
Chaparral mallow	Malacothamnus fasciculatus
Alkali Mallow	Malvella leprosa
Checker Mallow / Checker Bloom / Dwarf Checkerbloom / Wild Hollyhock	Sidalcea malvaeflora

Pale Swallowtail	Papilio eurymedon
**Ceanothus / **Buck Brush / Jim Brush / Deer Brush / **White Horn	**Ceanothus
Hoaryleaf Ceanothus / Hoary Leaved Ceanothus	Ceanothus crassifolius
Buck Brush / Wedgeleaf Ceanothus	Ceanothus cuneatus
Big Pod Ceanothus	Ceanothus megacarpus
Greenbark Ceanothus / Redheart	Ceanothus spinosus
Woollyleaf Ceanothus	Ceanothus tomentosus
California Coffeeberry	Frangula californica
Hollyleaf Cherry / Catalina Cherry / Island Cherry	Prunus ilicifolia
**Coffeeberry	**Rhamnus californica / **Frangula californica
Redberry Buckthorn	Rhamnus crocea
Hollyleaf Redberry / Evergreen Buckhorn	Rhamnus ilicifolia
**Hoary Coffeeberry	**Rhamnus tomentella

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Host Plant & Nectar Plant Lists Compiled By Environmental Nature Center

PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
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*Pipevine Swallowtail / *Blue Swallowtail

**Battus philenor*

California Pipevine / Dutchman's Pipe	<i>Aristolochia californica</i>
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Propertius Duskywing

Erynnis propertius

California Live Oak / Coast Live Oak	<i>Quercus agrifolia</i>
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Purplish Copper

Lycaena helloides

*Knotweed	* <i>Polygonum</i>
**Cinquefoil	** <i>Potentilla</i>
**Dock Weed	** <i>Rumex</i>
California Dock	<i>Rumex californicus</i>
Golden Dock	<i>Rumex fueginus</i> / <i>Rumex maritimus</i>
Wild Rhubarb	<i>Rumex hymenosepalus</i>
Golden Dock	<i>Rumex persicarioides</i>
Willow Leaved Dock	<i>Rumex salicifolius</i>
Toothed Willow Dock	<i>Rumex utahensis</i>

Reakirt's Blue

Echinargus isola alce

**Milk Vetch	** <i>Astragalus</i>
Dwarf White Milk Vetch / Two Seeded Milk Vetch	<i>Astragalus didymocarpus</i>
Marsh Milk Vetch / Loco Weed	<i>Astragalus pycnostachyus</i>
Santa Barbara Milk Vetch	<i>Astragalus trichopodus</i>
**Mesquite	** <i>Prosopis</i> spp.

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**PLANTS FOR THE BUTTERFLIES
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Host Plant & Nectar Plant Lists Compiled By Environmental Nature Center

PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
-------------	-----------------

Red Admiral / Red Admirable

Vanessa atalanta

Western Stinging Nettle / Western Nettle	Hesperocnide tenella
Giant Creek Nettle / Hoary Nettle / Mountain Nettle / **Stinging Nettle	**Urtica dioica
Giant Creek Nettle / Hoary Nettle / Mountain Nettle / **Stinging Nettle	Urtica dioica ssp. holosericea

Rural Skipper

Ochlodes agricola

**Various Grasses	
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Sandhill Skipper / Saltgrass Skipper

Polites sabuleti

**Bent Grass	**Agrostis
Seashore Saltgrass / Inland Saltgrass / Desert saltgrass	Distichlis spicata
**Lovegrass	**Eragrostis
**Fescue	**Festuca
**Various Grasses	**Poa spp.

Sara Orangetip

Anthocharis sara

Tower Mustard / Smooth Rock Cress / Tower Mustard Rock Cress / Tower Rockcress	Arabis glabra / Turrilis glabra
Rock Cress	Arabis sparsifolia
Winter Cress / American Winter Cress / Erectpod Winter Cress / American Rocket	Barbarea orthoceras
Slender Pod Jewel Flower / San Diego Wild Cabbage	Caulanthus heterophyllus
Western Tansy Mustard / Yellow Tansy Mustard	Descurainia pinnata
California Mustard / Shaggy Thelypod	Guillenia lasiophylla / Caulanthus lasiophyllus
Tower Rock Cress	Turrilis glabra

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PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
Satyr Comma / Satyr Angelwing	Polygonia satyrus
Western Stinging Nettle / Western Nettle	Hesperocnide tenella
Giant Creek Nettle / Hoary Nettle / Mountain Nettle / **Stinging Nettle	**Urtica dioica
Giant Creek Nettle / Hoary Nettle / Mountain Nettle / **Stinging Nettle	Urtica dioica ssp. holosericea

Silver-Spotted Skipper / White-Spot Skipper	Epargyreus clarus
False Indigo	Amorpha californica
California False Indigo	Amorpha californica var. californica
Desert Indigo Bush / Western False Indigo	Amorpha fruticosa
American Licorice / Licorice / Wild Licorice	Glycyrrhiza lepidota

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Host Plant & Nectar Plant Lists Compiled By Environmental Nature Center

PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
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Silvery Blue

Glaucopsyche lygdamus

Deerweed	Acmispon glaber
**Milk Vetch	**Astragalus
Dwarf White Milk Vetch / Two Seeded Milk Vetch	Astragalus didymocarpus
Marsh Milk Vetch / Loco Weed	Astragalus pycnostachyus
Santa Barbara Milk Vetch	Astragalus trichopodus
Pacific Peavine / Common Pacific Pea / Canyon Sweet Pea / Hillside Pea / Wild Sweetpea / **Bolander's Pea	**Lathyrus
Spanish Clover / Spanish Lotus / American Bird's Foot Trefoil	Lotus purshianus var. purshianus / Acmispon americanus var. americanus
Coastal Bird's Foot Trefoil / Coastal Lotus	Lotus salsuginosus / Acmispon maritimus
Deerweed	**Lotus scoparius / Acmispon glaber
Bishop's Lotus / Hairy Lotus / Strigose Lotus / Strigose Bird's Foot Trefoil	Lotus strigosus / Acmispon strigosus
Calf Lotus / Chilean Lotus / Chilean Trefoil / Chilean Bird's Foot Trefoil	Lotus wrangelianus / Acmispon wrangelianus
**Lupine	**Lupinus
Annual Lupine / Bicolored Lupine / Miniature Lupine	Lupinus bicolor
*Brewer's Lupine	*Lupinus breweri
Lupine / Western Lupine / **Summer Lupine	**Lupinus formosus
Stinging Lupine / Stinging Annual Lupine	Lupinus hirsutissimus
Big Leaf Lupine / Broad Leaf Lupine / Parish's Lupine	**Lupinus latifolius
Long Leaf Bush Lupine	Lupinus longifolius
Arroyo Lupine / Hollowleaf Annual Lupine / Succulent Lupine	Lupinus succulentus
Collared Annual Lupine / Blunt Leaved Lupine / Truncate Leaf Lupine	Lupinus truncatus
**Vetch	**Vicia

Sleepy Orange

Eurema nicippe

*Cassia tomentosa / *Glandular Senna	*Senna multiglandulosa
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**PLANTS FOR THE BUTTERFLIES
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PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
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Sonoran Blue / Stonecrop Blue

Philotes sonorensis

**Dudleya / **Liveforever / Sand Lettuce / Rock Lettuce / Fingertips	**Dudleya
Coast Dudleya / Sand Lettuce	Dudleya caespitosa
Lanceleaf Liveforever / Southern California Dudleya	Dudleya lanceolata
Many Stem Liveforever / Many Stemmed Dudleya	Dudleya multicaulis
Chalk Dudleya	Dudleya pulverulenta
Sticky Liveforever / Sticky Dudleya	Dudleya viscida

Striated Queen / Queen

Danaus gilippus

**Milkweed	**Asclepias spp.
California Milkweed	Asclepias californica
Indian Milkweed / Kotolo Milkweed / Woolypod Milkweed	Asclepias eriocarpa
Whorled Milkweed / Narrow Leaf Milkweed	Asclepias fascicularis
Climbing Milkweed	Funastrum cynanchoides var. hartwegii

Sylvan Hairstreak

Satyrrium sylvinum

**Willow	**Salix
Arroyo Willow	Salix lasiolepis

Tailed Copper

Lycaena arota

**Currant / ** Gooseberry	**Ribes spp.
California Gooseberry / Hillside Gooseberry	Ribes californicum
Fuchsia-Flowered Gooseberry	Ribes speciosum

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Host Plant & Nectar Plant Lists Compiled By Environmental Nature Center

PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
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Trabuco Blue

Plebejus icarioides santana

**Buckwheat	**Eriogonum spp.
Hall's Bush Lupine	Lupinus excubitus var. hallii

Umber Skipper

Poanes melane / Lon melane

**Brome Grasses / **Chess Grass	**Bromus
**Sedge	**Carex
Annual Hairgrass	Deschampsia danthonioides

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PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
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Variable Checkerspot / Chalcedon Checkerspot

Euphydryas chalcedona

Fiddleneck / Menzie's Fiddleneck	Amsinckia menziesii
Common Fiddleneck	Amsinckia menziesii var. intermedia
Menzie's Fiddleneck	Amsinckia menziesii var. menziesii
Cleveland's Cryptantha / Common Cryptantha	Cryptantha clevelandii
Popcorn Flower / Tejon Cryptantha	Cryptantha microstachys
Prickly Popcorn Flower / Prickly Cryptantha / Pointed Cryptantha	Cryptantha muricata
Heliotrope / Seaside Heliotrope / Salt Heliotrope / Chinese Parsley	Heliotropium curassavicum
Toyon / Christmas Berry	Heteromeles arbutifolia
Wedge Leaved Horkelia	Horkelia cuneata
Wedge Leaved Horkelia	Horkelia cuneata ssp. cuneata
**Chaparral Beard Tongue / Snapdragon Penstemon	**Keckiella antirrhinoides
Orange Bush Monkeyflower / Southern Monkeyflower / Southern Bush Monkeyflower / **Sticky Monkeyflower	**Mimulus aurantiacus / **Diplacus spp.
**Monkeyflower	**Mimulus spp.
Slender Comb Seed	Pectocarya linearis ssp. Ferocula
**Chaparral Beardtongue	**Penstemon antirrhinoides / Keckiella antirrhinoides var. antirrhinoides
Adobe Popcorn Flower / Adobe Allocarya	Plagiobothrys acanthocarpus
**Cooper's Popcorn Flower / California Popcorn Flower	**Plagiobothrys collinus
**Silverweed Cinquefoil	**Potentilla anserina
Pacific Silverweed	Potentilla anserina ssp. pacifica
Hollyleaf Cherry / Catalina Cherry / Island Cherry	Prunus ilicifolia
California Wild Rose	Rosa californica
Blue Elderberry	Sambucus mexicana / Sambucus nigra ssp. Caerulea
California Bee Plant / California Figwort	Scrophularia californica
Trailing Snowberry / Creeping Snowberry	Symphoricarpos mollis

Viceroy

Basilarchia archippus / Limenitis archippus

**Willow	**Salix spp.
Arroyo Willow	Salix lasiolepis
Fremont cottonwood	Populus fremontii

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COMMON NAME	SCIENTIFIC NAME
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Wandering Skipper

Panoquina errans

Seashore Saltgrass / Inland Saltgrass / Desert saltgrass	Distichlis spicata
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West Coast Lady

Vanessa anabella

Palmer's Indian Mallow	Abutilon Palmeri
Chaparral mallow	Malacothamnus fasciculatus
Alkili Mallow	Malvella leprosa
Checker Mallow / Checker Bloom / Dwarf Checkerbloom / Wild Hollyhock	Sidalcea malvaeflora
Giant Creek Nettle / Hoary Nettle / Mountain Nettle / **Stinging Nettle	Urtica dioica ssp. holosericea

Western Giant Swallowtail

Papilio rumiko

**Rue	**Thalictrum
*Citrus	*Citrus

Western Pygmy Blue

Brephidium exilis / Brephidium exile

**Saltbush	**Atriplex
Silver Saltweed / Silverscale Saltbush	Atriplex argentea
Four Wing Saltbush / Hoary Saltbush / Shadscale	Atriplex canescens
Coulter's Saltbush	Atriplex coulteri
Big Saltbush	Atriplex lentiformis
Beach Saltbush / Sea Scale	Atriplex leucophylla
Pacific Saltbush / South Coast Saltbush / South Coast Saltscale	Atriplex pacifica
**Goosefoot	**Chenopodium
Berlandier's Goosefoot / Pitseed Goosefoot	Chenopodium berlandieri
California Goosefoot / Pigweed / Soaproot	Chenopodium californicum
Red Goosefoot	Chenopodium rubrum

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COMMON NAME	SCIENTIFIC NAME
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Western Tailed-Blue

Cupido amyntula

**Milk Vetch	**Astragalus
Dwarf White Milk Vetch / Two Seeded Milk Vetch	Astragalus didymocarpus
*Douglas's Milkvetch	*Astragalus douglasii
Marsh Milk Vetch / Loco Weed	Astragalus pycnostachyus
Santa Barbara Milk Vetch	Astragalus trichopodus
Pacific Peavine / Common Pacific Pea / Canyon Sweet Pea / Hillside Pea / Wild Sweetpea / **Bolander's Pea	**Lathyrus
**Vetch	**Vicia

Western Tiger Swallowtail

Papilio rutulus

California Sycamore / Western Sycamore	Platanus racemosa
Hollyleaf Cherry / Catalina Cherry / Island Cherry	Prunus ilicifolia
**Willow	**Salix spp.
Arroyo Willow	Salix lasiolepis

White Checkered Skipper

Pyrgus albescens

Indian Mallow	**Abutilon
Alkali Mallow	Malvella leprosa
Desert Mallow / Desert Hollyhock / **Apricot Mallow / **Desert Globemallow	**Sphaeralcea ambigua

Woodland Skipper

Ochlodes sylvanoides

*Quackgrass	**Elymus
Lemmon's Canary Grass	Phalaris lemmonii
**Various Grasses	

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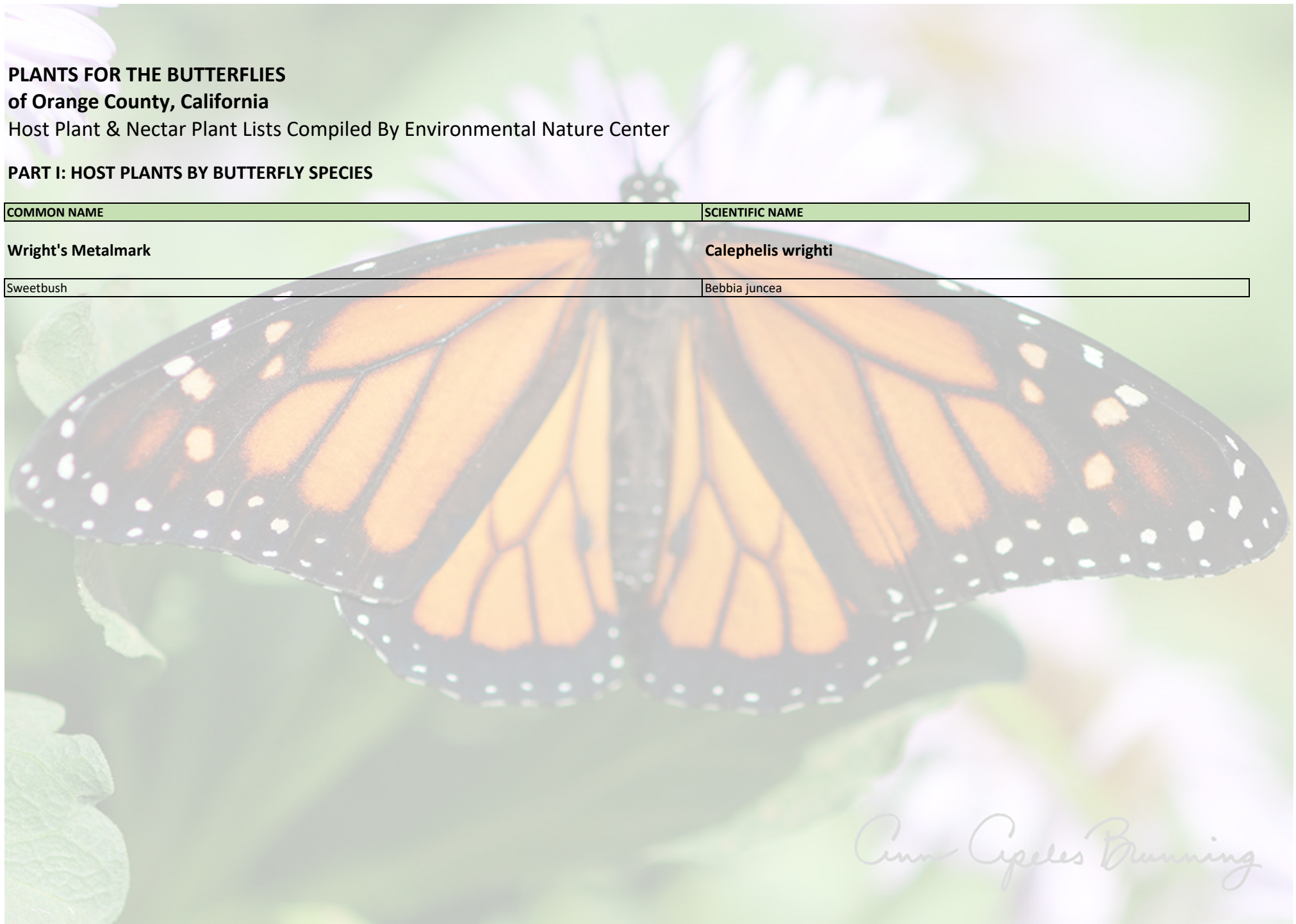
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PART I: HOST PLANTS BY BUTTERFLY SPECIES

COMMON NAME	SCIENTIFIC NAME
Wright's Metalmark	<i>Calephelis wrighti</i>
Sweetbush	<i>Bebbia juncea</i>



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PLANTS FOR THE BUTTERFLIES of Orange County, California

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PART II: NECTAR PLANTS FOR BUTTERFLIES

COMMON NAME	SCIENTIFIC NAME
Yarrow	<i>Achillea millefolium</i>
Sacapellote	<i>Acourtia microcephala</i>
Early Onion	<i>Allium praecox</i>
Pineapple Weed	<i>Amblyopappus pusillus</i>
Silver Beachweed / Beach Bur	<i>Ambrosia chamissonis</i>
Ragweed / Western Ragweed	<i>Ambrosia psilostachya</i>
Desert Indigo Bush / Western False Indigo	<i>Amorpha fruticosa</i>
Whorled Milkweed / Narrow Leaf Milkweed	<i>Asclepias fascicularis</i>
Douglas's Baccharis / Salt Marsh Baccharis	<i>Baccharis douglasii</i> / <i>Baccharis glutinosa</i>
Emory's Baccharis / Willow Baccharis	<i>Baccharis emoryi</i> / <i>Baccharis salicina</i>
Coyote Brush	<i>Baccharis pilularis</i>
Mule Fat / Seep Willow	<i>Baccharis salicifolia</i>
Common Goldenstar / Golden Star	<i>Bloomeria crocea</i>
Chaparral Brodiaea / Dwarf Brodiaea / Jolon Brodiaea	<i>Brodiaea jolonensis</i>
**Ceanothus / **Buck Brush / Jim Brush / Deer Brush / **White Horn	** <i>Ceanothus</i>
Yellow Pincushion / Common Yellow Chaenactis	<i>Chaenactis glabriuscula</i>
Western Chamomile / Western Pineapple Weed / Valley May Weed	<i>Chamomilla occidentalis</i> / <i>Matricaria occidentalis</i>
Purple Chinese Houses	<i>Collinsia heterophylla</i>
Canada Horseweed	<i>Conyza canadensis</i> / <i>Erigeron canadensis</i>
Coulter's Horseweed	<i>Conyza coulteri</i> / <i>Laennecia coulteri</i>
Wild Hyacinth / Blue Dick	<i>Dichelostemma capitatum</i> / <i>Dichelostemma capitatum</i>
California Brittlebush / Bush Sunflower / California Encelia	<i>Encelia californica</i>
Hummingbird Trumpet / California Fuchsia / Mountain California Fuchsia / Zauschneria	** <i>Epilobium canum</i>
Palmer's Goldenbush / Palmer Goldenweed	<i>Ericameria palmeri</i>
Broad Scale Palmer's Goldenbush / Palmer's Rabbitbrush	<i>Ericameria palmeri</i> var. <i>pachylepis</i>
Coastal Buckwheat / Ashleaf Buckwheat / Grey Coast Eriogonum	<i>Eriogonum cinereum</i>
**Buckwheat	** <i>Eriogonum</i> spp.
Golden Yarrow / Yellow Yarrow	<i>Eriophyllum confertiflorum</i>
Golden Yarrow / Yellow Yarrow	<i>Eriophyllum confertiflorum</i> var. <i>confertiflorum</i>
Common Eucrypta / Spotted Eucrypta / Spotted Hideseed	<i>Eucrypta chrysanthemifolia</i>
California Cotton Rose	<i>Filago californica</i>
Bluefield Gilia	<i>Gilia capitata</i>
Bicolored Everlasting / Two-Color Rabbit-Tobacco	<i>Gnaphalium bicolor</i> / <i>Pseudognaphalium biolettii</i>
California Everlasting / Ladies' Tobacco	<i>Gnaphalium californicum</i> / <i>Pseudognaphalium californicum</i>
Cudweed / Wright's Cudweed / Small Headed Cudweed	<i>Gnaphalium canescens</i> / ** <i>Pseudognaphalium</i> spp.
White Everlasting / Wright's Cudweed	<i>Gnaphalium canescens</i> ssp. <i>microcephalum</i> / <i>Pseudognaphalium microcephalum</i>
Western Marsh Cudweed / Lowland Cudweed	<i>Gnaphalium palustre</i>
*Purple Everlasting	* <i>Gnaphalium purpureum</i>

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PART II: NECTAR PLANTS FOR BUTTERFLIES

COMMON NAME	SCIENTIFIC NAME
Pink Everlasting / Pink Cudweed	Gnaphalium ramosissimum / Pseudognaphalium ramosissimum
Small Flowered Cudweed / Chilean Cudweed / Cotton Batting / Everlasting Cudweed	Gnaphalium stramineum / Pseudognaphalium stramineum
Gumplant / Common Gumplant / Great Valley Gumweed / Gumweed	Grindelia camporum
Great Valley Gumweed	Grindelia camporum var. camporum
Sunflower / Common Sunflower / Hairy Leaved Sunflower	Helianthus annuus
Nuttall's Sunflower / Los Angeles Sunflower	Helianthus nuttallii
Clustered Tarweed	Hemizonia fasciculata
**Pappose Tarweed / Southern Tarplant	**Hemizonia parryi
Southern Tarplant	Hemizonia parryi ssp. australis
Telegraph Weed	Heterotheca grandiflora
Golden Aster / Sessileflower False Goldenaster	Heterotheca sessiliflora
Bristly Golden Aster / Sessileflower False Goldenaster	Heterotheca sessiliflora ssp. echioides
**Menzies's Goldenbush	**Isocoma menziesii
Menzies's Goldenbush	Isocoma menziesii var. menziesii
Prostrate Coastal Goldenbush / Menzies's Goldenbush	Isocoma menziesii var. sedoides
Coastal Goldenbush / Green Leaved Dune Goldenbush / Menzies's Goldenbush	Isocoma menziesii var. vernonioides
Fleshy Jaumea / Fleshy Jaurnea	Jaumea carnosa
Climbing Penstemon / Heart Leaved Keckiella / Heartleaf Keckiella	Keckiella cordifolia
Goldfields	Lasthenia glabrata
Giant Wildrye	Leymus condensatus / Elymus condensatus
Deerweed	**Lotus scoparius / Acmispon glaber
**Lupine	**Lupinus spp.
Cliff Aster / **Cliff Desertdandelion	**Malacothrix saxatilis
Short Leaved Cliff Aster / Cliff Desertdandelion	Malacothrix saxatilis var. tenuifolia
Douglas's Silverpuffs / Small Flowered Microseris	Microseris douglasii ssp. platycarpa
*Coyote Mint	**Monardella spp.
Deer Grass	Muhlenbergia rigens
*Needlegrass	*Nassella spp.
False Rosinweed / Osmadenia	Osmadenia tenella
Scarlet Bugler	Penstemon centranthifolius
**Grinnell's Beardtongue	**Penstemon grinnellii
Short Lobed Phacelia	Phacelia brachyloba
Caterpillar Phacelia	Phacelia cicutaria
Common Phacelia	Phacelia distans
California Bluebells / Wild Canterbury Bells	Phacelia minor
Parry's Phacelia	Phacelia parryi
Tansy Leafed Phacelia / Lacy Phacelia	Phacelia tanacetifolia
Beggars Gilia / Annual Phlox / Microsteris / Slender Phlox	Phlox gracilis / Microsteris gracilis

* This species is not an Orange County native.

** Not all of these species are Orange County natives.

PLANTS FOR THE BUTTERFLIES of Orange County, California

Host Plant & Nectar Plant Lists Compiled By Environmental Nature Center

PART II: NECTAR PLANTS FOR BUTTERFLIES

COMMON NAME	SCIENTIFIC NAME
Fiesta Flower / Blue Fiestaflower	**Pholistoma auritum
**Pine	**Pinus spp.
California Sycamore / Western Sycamore	Platanus racemosa
Salt Marsh Fleabane / Sweetscent	Pluchea odorata
**Oak	**Quercus spp.
**Coffeeberry	**Rhamnus californica / **Frangula californica
**Currant / ** Gooseberry	**Ribes spp.
*Golden Currant	*Ribes aureum var. gracillimum
Whiteflower Currant / White Flowering Currant	Ribes indecorum
**Willow	**Salix spp.
**Sage	**Salvia spp.
White Sage	Salvia apiana
Cleveland Sage / Fragrant Sage	Salvia clevelandii
Black Sage	Salvia mellifera
Western Goldenrod / Western Flat Topped Goldenrod / Western Goldentop	Solidago occidentalis / Euthamia occidentalis
Grassland Stebbinsoseris	Stebbinsoseris heterocarpa
San Diego Milk Aster / Wreathplant	Stephanomeria diegensis
White Plume Wire Lettuce / Milk Aster	Stephanomeria exigua ssp. coronaria
Twiggy Wreath Plant / Tall Stephanomeria / Rod Wire Lettuce / Virgate Stephanomeria	Stephanomeria virgata
Wand Wire Lettuce / Tall Stephanomeria / Wand Stephanomeria	Stephanomeria virgata ssp. pleurocarpa
Everlasting Neststraw / Mountain Neststraw / Everlasting Stylocline	Stylocline gnaphaloides
Western Aster	Symphotrichum ascendens
Western Lance Leaf Aster	Symphotrichum lanceolatum var. hesperium
Annual Water Aster / Slim Aster	Symphotrichum subulatum var. ligulatum
Woolly Bluecurls	Trichostema lanatum
Vinegar Weed	Trichostema lanceolatum
Parish's Bluecurls	Trichostema parishii
Lilac Verbena	Verbena lilacina

Ann Cipeles Brunning

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