

Community News

Reading in the Redwoods at the Environmental Nature Center

by: Lori Whalen Posted: June 11, 2018

NEWPORT BEACH...The Environmental Nature Center (ENC) will present Reading in the Redwoods on June 24, from 9:30-11AM. Participants will take a "Tree Hug Hike" out to the Redwood Forest with ENC Executive Director Bo Glover and Naturalist Valerie Bain. Bain will read "On A Magical Do Nothing Day" and Glover will perform a few Nature Magic Tricks. All ages are welcome. The fee is \$5 per child for preregistered ENC members, \$7 for pre-registered non-members, and \$10 for walk-ins. The ENC is located at 1601 E. 16th Street in Newport Beach. Pre-registration is required at encenter.org



Research by the American Academy of Pediatrics shows that reading daily to young children, starting in infancy, stimulates early brain development and helps build key language, literacy and social skills. Early learning experiences such as reading provide a love of learning and strongly affect success in school, work and in life.

"Reading together and talking with your child about literature is a chance to bond as a family, and it encourages a child's love of reading" said ENC Executive Director Bo Glover. "Imagination, growth, and improved reading, writing, and verbal skills soar when a child picks up a book."

Event participants will also participate in hands-on activities along the trail, create nature art and meet our bugs. The ENC staff offers Reading in the Redwoods monthly, with each event featuring a different book and themed activities to accompany it.

"Kids are spending more time with screen media -- and at younger ages -- than ever before," said ENC Naturalist Valerie Bain. "Research suggests that screen time can have lots of negative effects on kids, ranging from obesity and irregular sleep patterns to social and behavioral issues. Put down the electronic devices and pick up a book. Let's read people!"

With a mission of providing quality education through hands-on experience with nature, the ENC inspires all generations to protect the natural world by serving as our community's foremost authority on ecological responsibility, sustainable practices and environmental education. The ENC is a non-profit 501(c)-3 public benefit corporation. For more information call 949-645-8489, or visit www.ENCenter.org. The ENC is located at 1601 16th St. in Newport Beach. *Photo:ENC*

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